

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Vandorpe Aaron

Coaches: Vandepoorte Pauline

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:4, starttime: 09:42
Heat: 4/10 Lane : 4 Athlete: TABARY OCTAVIE					Q-time: 01:27:23
PB (25m pool): 01:25.29 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:28.89 SB: 01:25.29 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.33		01:25.29	
	00:38.33		00:46.96		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:4, starttime: 10:57
Heat: 4/10 Lane : 2 Athlete: TABARY OCTAVIE					Q-time: 01:11:34
PB (25m pool): 01:11.34 EEKLO 04/10/2026					PB (50m pool): 01:14.36 SB: 01:11.34 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.43		01:11.34	
	00:34.43		00:36.91		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14							Heat:4, starttime: 11:20	
Heat: 4/5 Lane : 7 Athlete: DE VLIETTER ELIOTT							Q-time: 02:30:08	
PB (25m pool): 02:30.08 EEKLO 04/10/2026				PB (50m pool): 02:33.65SB: 02:30.08 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.25		01:12.88		no time		02:30.08
	00:35.25		00:37.63					
								

Coach feedback:

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Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:5, starttime: 12:00	
Heat: 5/5 Lane : 3 Athlete: BEIJNSBERGER MARE					Q-time: 01:08:63	
PB (25m pool): 01:08.63 EEKLO 04/10/2026					PB (50m pool): no time SB: 01:08.63 EEKLO 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		01:08.63		
	no time					
						

Coach feedback: